

THE PROBLEM OF ADOLESCENT PORNOGRAPHY ADDICTION AND PREVENTION BY APPLICATION OF *AL- HAYA* (*)

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ABSTRACT

The objective of this article is to explain that instilling al-Haya' or sense of modesty can prevent humans from doing bad and staying away from carelessness. The problem of pornography addiction is the cause of sexual cases involving adolescents today. Due to the absence of al-Haya' in the adolescent self, various social problems arise which spoil their morals. On the whole, research shows that al-Haya' can be instilled in adolescents by keeping to limits in mixing between genders, lowering the gaze from looking at forbidden matters, being careful not to behave in matters which can morally spoil and affect the dignity, and dressing up decently. The implication of this research is to raise religious consciousness in society that al-Haya' is required in all humans regardless of gender in addressing adolescents' pornography addiction problem which is worsening.

Keywords: *al-Haya', Modesty, Moral Character, Pornography Problem.*

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1. INTRODUCTION

Internet networking is the most influential source of technology in world society. All information is easily obtained and reached up to the global level including the search for pornographic materials for viewing by all age levels. Currently, pornography has become the most searched for on the internet in the whole wide world. In the year 2017, the notorious website in the world, Porn hub received 28.5 billion visits at a rate of 50,000 searches per minute⁵.

Even worse, pornography is no longer an individual activity or viewed in a hidden place. Instead, it has become a habit in society, including at the workplace⁶. Almost 80% of students are exposed to pornography since age 14 years. This situation illustrates that the online pornography industry has grown rapidly parallel with increased global accessibility which enables the viewer to use without having to download it⁷.

Besides, referring to statistics of websites contained in world health studies, there are about 2.5 million pornographic websites and the average age of children exposed to pornographic materials is 11 years or younger⁸. The effect of this issue is the rise of various social problems, specifically involving adolescents, such as free sex, rape cases, and so on. The number of individuals who view pornography on the internet has also increased the risk of internet addiction from time to time⁹.

This shows that the effect from the pornography problem has caused various other social problems which can spoil the morals and character of

⁵Maris, E, Libert T. & Henrichsen J. Tracking sex: The implications of widespread sexual data leakage and tracking on porn websites. *SAGE Journals*, 2020, 22(11): 2018-2038.

⁶ Mecham, N. W., Lewis Western, M. F. & Wood, D. A, Effects of Pornography on Unethical Behavior in Business, *Journal of Business Ethics*, 2019, 1-18.

⁷ Dwulit, A. D. & Rzymiski, P. Prevalence, Patterns and Self-Perceived Effects of Pornography Consumption in Polish University Students: A Cross-Sectional Study. *International Journal of Environmental Research and Public Health*, 2019, 16(10):1861-1877

⁸ Abdul Malik, M. Tonton Pornografi Ubah Kimia Dalam Otak. *Harian Metro*, 29 Julai 2018.

⁹ Alexandraki, K., Stavropoulos, V., Burleigh, T. L., King, D. L. & Griffiths, M. D. Internet Pornography Viewing Preference as a Risk Factor for Adolescent Internet Addiction: The Moderating Role of Classroom Personality Factors. *Journal of Behavioral Addictions*, 2018, 7(2): 423-432.

adolescents. Based on research findings, adolescents get involved in social problem because of the loss of al-Haya'¹⁰, that is, a sense of modesty or feeling of shyness¹¹. Al-Haya' refers to a trait which causes reluctance to do bad things, avoids carelessness and matters contrary to social norms and religious teachings.

Following that, it cannot be denied that the pornography problem is no longer another wrong that needs to be addressed quietly because it is a serious issue. If it is not properly addressed, there will be adverse consequences for the family institution and society and poses a threat to national development. Therefore, this article is written to explain the methods which may be used to instil al-Haya' in adolescents to address the problem of pornography addiction which is increasingly alarming.

2. ADOLESCENTS AND THE PROBLEM OF PORNOGRAPHY ADDICTION

Generally, the term adolescent refers to those in the transitional stage from childhood to adulthood. In this phase, enjoyment and fun take priority as they are experiencing continuous mental, physical, and emotional development¹². According to¹³, adolescence is exposed to use of technology equipment and various social networks, such as Facebook, Twitter, Instagram, WhatsApp, and MySpace, which contribute to the increase in pornography problem as adolescents can easily access pornographic materials free of charge.

While pornography is any printed or visual material that portrays sexual subject matter exclusively for the arousal of sexual excitement. The use of pornographic materials causes individuals involved to suffer moral decline and

¹⁰ Susanti, E. Budaya Malu Cerminan bagi Perempuan Melayu. *Jurnal Sosial Budaya*, 2014, 11(2): 226–236.

¹¹ Sawai, R. P., Abu Zahrin, S. N., Mohd Noah, S., Juhari, R. & Krauss, S. E. Akhlak Percintaan dan Rasa Malu. *Kertas Kerja International Conference on Dakwah and Islamic Management, Universiti Sains Islam Malaysia*. Nilai, Negeri Sembilan, Malaysia, 31 Oktober-1 November 2017.

¹² Pitchan, M. A. & Mohd, N. Seks Siber Dalam Kalangan Remaja: Kajian Terhadap Pemahaman, Persepsi, Penerimaan & Faktor. *Prosiding Persidangan Antarabangsa Sains Sosial dan Kemanusiaan, Kolej Universiti Islam Antarabangsa Selangor, Malaysia*, 23-24 April 2018, p. 30-40.

¹³ Senadjki, A., Mat Rahim, S. R., Mohd, S., Nathan, T. M. & Lee, C.Y. The Influence of Technology on Youth Sexual Prevalence: Evidences from Malaysia. *Malaysian Journal of Youth Studies*, 2015, 13:38-68.

severe sexual addiction¹⁴. The use of pornography may also lead to divorce, mental problems, and sexual dissatisfaction¹⁵.

Besides, according to the Head of Psychotherapy and Intervention Section, Counselling Division, University Putra Malaysia (UPM), Dr. Siti Fatimah Abdul Ghani, the effect of porn addiction can result in brain nerve long-term damage, memory interference, ruin to the family institution, loss of individual moral values and unbridled lust leading to sexual cases¹⁶. This proves that porn addiction is worse than drug addiction because drug supplies are difficult to obtain and the price is high whereas porn materials are easily accessible online and affect the human mind and behaviour¹⁷.

Today's adolescents are tainted with various social problems such as free mixing, rape cases, and unwed pregnancy leading to the issue of baby dumping. One of the causes of these social problems is pornography addiction which is spreading among adolescents. According to statistics disclosed by the Ministry for Women, Family and Society Development (KPWK), 4.8% of adolescents in Malaysia aged from 13 to 24 years have had sexual relations. A study by the Fifth Malaysian Population and Family Study (KPKM5) showed that 35.3% of adolescents have watched pornography and 60% of pornographic materials are accessed through the internet¹⁸.

In this problem, males are more inclined to be involved with the use of pornographic materials as compared to women¹⁹. However, statistics in Malaysia show that more females watch pornography than males²⁰. In fact,

¹⁴ Mat Rashid, A., Abdul Hamid, N. A. & Bakar, N. H. Krisis Akhlak: Penguatkuasaan Undang-undang Sebagai Benteng Menanganinya. *Jurnal Penyelidikan Dan Inovasi*, 2015, 2(1): 1-18.

¹⁵ Butler, M. H., Pereyra, S. A., Draper, T. W., Leonhardt, N. D., & Skinner, K. B. Pornography Use and Loneliness: A Bidirectional Recursive Model and Pilot Investigation. *Journal of Sex and Marital Therapy*, 2017, 44(2):127-137.

¹⁶ Mohd Shahar, F. H. Ketagihan Pornografi Rosakkan Otak. *Berita Harian*, 1 April 2018.

¹⁷ Ibrahim, Z. Lebih Parah Daripada Dadah, Ketagihan Pornografi Perlu Dirawat. *Astro Awani*, 4 April 2018.

¹⁸ Suhaimi, F. 35.3 Peratus Remaja Terdedah Masalah Pornografi. *Utusan Online* 22 Julai 2018.

¹⁹ Ferron, A., Lussier, Y., Sabourin, S. & Brassard, A. The Role of Internet Pornography Use and Cyber Infidelity in the Associations between Personality, Attachment, and Couple and Sexual Satisfaction. *Social Networking*, 2017, 6:1-18.

²⁰ Shahimi, I. M. A. Statistik Mengejutkan. *Harian Metro*, 27 Ogos 2017.

children and adolescents have also begun to be entrapped in this problem²¹. This shows that the problem has spread and become worse in society. In response to this problem, various efforts are being made to address this issue. From early 2017 until October 2018, the Commission for Communications and Multimedia of Malaysia (SKMM) blocked 2,684 pornographic websites. Next, the government enforced laws on this issue and held promotions to block access to porn websites and raise awareness in attempts to shape society to be smart internet users²².

Despite various efforts by the government, society, teachers and parents to curb the pornography problem, this issue persists and becomes even more worrying. Thus, the self-accountability of adolescents is taken into consideration in preventing them from falling into porn addiction. Therefore, this problem needs to be viewed from the aspect of instilling al-Haya' in adolescents. This trait has to be not only instilled from small but needs to be practised throughout into adulthood.

3. THE CONCEPT OF AL-HAYA'

Modesty or in Arabic terms called al-Haya' is a trait that can discourage or deter humans from doing vice or sinful acts. Al-Haya' refers to a person's reluctance to do something low or immoral. Indeed, a person who possesses al-Haya' will feel uneasy or bad, accompanied by embarrassment about doing something not good²³. This finding is supported by the study that described al-Haya' is a trait which distances a person from doing bad acts or saying words which are not good²⁴, acts which are morally low or spoil the morals, and prevents an individual from committing sinful matters²⁵.

²¹ Nahar N., Sangi, S., Dharsigah, B. S., Rosli, N. & Abdullah, A. H. Impak Negatif Teknologi Moden Dalam Kehidupan Dan Perkembangan Kanak-Kanak Hingga Usia Remaja. *International Journal of Islamic and Civilizational Studies*. 2018, 5(1): 87-99.

²² Hussin, M. 4,318 Laman Lucah Disekat. *Harian Metro*, 18 November 2018.

²³ al-Ghazali. *Khuluq al-Muslim*. Damsyiq: Dar al-Qalam. 1997, p. 133.

²⁴ Rezki Perdani Sawai, Joki Perdani Sawai & Roslee Ahmad. Membudayakan rasa malu dalam kalangan belia Muslim. *Prosiding Konvensyen Antarabangsa Kaunseling Psikoterapi Berperspektif Islam 2017*, 334-339.

²⁵ Siti Solehah Azhar & Suriani Sudi. Konsep *al-haya'* menurut perspektif sunnah. *Proceeding of the International Conference on Contemporary Issues in al-Quran and Hadith*, 2018, 431-440.

Al-Haya' is natural or inherent and synonymous with femininity but is also viewed as a praiseworthy character in a man. Indeed, the Prophet (PBUH) was said to possess modesty more than a girl. As said in a hadith narrated by Abi Said al-Khudri:

كَانَ النَّبِيُّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ أَشَدَّ حَيَاءً مِنَ الْعَذْرَاءِ فِي جَدْرِهَا، فَإِذَا رَأَى شَيْئًا يَكْرَهُهُ
عَرَفْنَاهُ فِي وَجْهِهِ²⁶

“The Prophet (PBUH) was more bashful than a virgin girl in seclusion. Whenever he disliked something, we knew it from the change in his face.”

Al-Haya' which adorns the human personality actually brings much goodness in their lives. People who have al-Haya' care about their behaviour and their dignity. Shame should be cultivated among adolescents according to Islamic principles by maintaining their views, ways of speaking, communicating, maintaining their dignity, dressing politely and speaking verbally²⁷. Individuals who have al-Haya' will avoid doing embarrassing things, leaving things that are forbidden by Allah SWT such as undressing and more appreciated by people around²⁸.

However, if al-Haya' lost in the self then various moral problems arise among adolescents. Many past studies proved that a person who has lost his sense of modesty will do things against religious rules and social norms²⁹. In fact, adolescents who possess al-Haya' in their self will avoid disgracing their self-respect, their family's dignity and matters opposed religious teachings. However, if there is no shyness or sense of modesty within the adolescents, then they will unashamedly do all acts as they please, as in the Prophet's (PBUH) hadith narrated by Abu Mas'ud:

إِنَّ مِمَّا أَدْرَكَ النَّاسُ مِنْ كَلَامِ النَّبِيِّ، إِذَا لَمْ تَسْتَحْيِ فَأَفْعَلْ مَا شِئْتَ³⁰

²⁶ Al-Bukhari, M. I. Sahih Al-Bukhari. Al-Qahirah: Dar al-Kitab al-Misri, 2001, 4/190.

²⁷ Rezki Perdani Sawai, Joki Perdani Sawai & Roslee Ahmad. Membudayakan rasa malu dalam kalangan belia Muslim. *Prosiding Konvensyen Antarabangsa Kaunseling Psikoterapi Berperspektif Islam 2017*, 334-339.

²⁸ Maratus Solichah. Malu tidak akan mendatangkan sesuatu kecuali kebaikan. Universitas Islam Negeri Sunan Ampel, 2018.

²⁹ Razak, M. R. A. & Hamjah, S. H. Faktor Zina Dan Kesannya Dalam Kehidupan Remaja. *Jurnal Sains Insani*. 2017, 2(2): 1-10.

³⁰ Al-Bukhari, M. I. Sahih Al-Bukhari. Al-Qahirah: Dar al-Kitab al-Misri, 2001, 4/177.

“Indeed from the teachings of the first prophets which has reached you is, “If you do not have shyness, then do as you please.”

Therefore, al-Haya’ is a trait that refers to the noble and sublime virtue which brings much goodness to the individual and surrounding society. Al-Haya’ adorns a person’s personality, makes him closer Allah SWT and increases his faith, as described in some hadith which explain the relationship between al-Haya’ and faith. This is because al-Haya’ prevents a person from committing sinful unethical or bad acts, especially involving faith and confidence in Allah SWT. One who possesses al-Haya’ will successfully guard his morals and not transgress Allah’s prohibitions due to gratitude for all the favours bestowed by Allah SWT upon his slaves. The higher the al-Haya’ in a person, the deeper his level of religious faith in the sight of Allah SWT.

4. THE APPLICATION OF AL-HAYA’ IN CURBING THE PROBLEM OF PORNOGRAPHY

According to Ibn Khaldun’s view on the importance of knowledge and ethics in adolescent human capital development explained that Ibn Khaldun in his work, al-Muqaddimah, showed that to produce quality human capital, it is necessary to have early childhood education, understanding of the basic goals for human creation and an education system which combines scientific and religious knowledge³¹. Besides, appreciation of al-Quran’s contents, instilling morals and ethics as well as cultivating awareness of the challenges of modern and global life among members of society are also important in ensuring sustainability of a civilization or state.

Therefore, dealing with the problem of pornography in adolescents needs to start with educating children by instilling in them al-Haya’ and appreciation of al-Quran’s contents in which is depicted the meaning of al-Haya’. Islam also emphasizes on instilling al-Haya’ in each individual as it is a trait which can prevent humans from committing bad and immorality. Al-Haya’ is capable of guarding human behaviour from the point of moral and ethics of civility in terms of action, speech and looking³².

³¹ Abdullah, S. Ibn Khaldun’s Discourse on the Importance of Knowledge and Ethics in Youth Human Capital Development. *Journal of Human Development and Communication*, 2014, 3:59-77.

³² Al-Shaikhili, A.Q. Fadhilat al-Haya’. Jordan: Dar al-Bashir, 1994

Even though al-Haya' is a part of inner human nature, it is included as a trait which can be cultivated or fostered³³. Generally, shyness exists when scolded or ridiculed in public or when part of the body is exposed and seen by the opposite gender, whereas al-Haya' which is cultivated exists by knowledge of Allah (makrifatullah) in oneself so that one feels fear of Allah SWT to do vice and sin even though in a hidden place. To cultivate al-Haya' in the self, one must familiarize oneself with being modest or feeling shy, step by step until the trait becomes a habit and behaviour in the soul³⁴. Hence, there are some efforts which can be attempted to instil al-Haya' in the adolescent:

4.1 Keeping the limits on mixing between the genders

One of the causes of social problems among adolescent is from free mixing among male and female³⁵. Besides, the effects of free association between male and female cause the occurrence of pornography problems³⁶. Therefore, al-Quran describes how to practice al-Haya' in surah al-Qasas through the story of a lady who met Prophet Moses (PBUH). It was stated by Allah SWT as in the following:

(فَجَاءَتْهُ إِحْدَاهُمَا تَمْشِي عَلَى اسْتِحْيَاءٍ قَالَتْ إِنَّ أَبِي يَدْعُوكَ لِيَجْزِيَكَ أَجْرَ مَا سَقَيْتَ لَنَا فَلَمَّا جَاءَهُ وَقَصَّ عَلَيْهِ الْقِصَصَ قَالَ لَا تَخَفْ نَجَوْتَ مِنَ الْقَوْمِ الظَّالِمِينَ)³⁷

“Then there came unto him one of the two women, walking shyly. She said: Lo! my father biddeth thee, that he may reward thee with a payment for that thou didst water (the flock) for us. Then, when he came unto him and told him the (whole) story, he said: Fear not! Thou hast escaped from the wrongdoing folk.”

The above verse shows that the social propriety for mixing between a male and female is accompanied by al-Haya'. This verse by explaining that the shyness possessed by these two girls causes them to guard their behaviour when

³³ Ahmad, M. Fiqh al-Haya'. Iskandariah: Dar al-Alamiyah, 2006, 53.

³⁴ Talib, N. A. H. M., Majid, L. A. & Talib, N. M. Relevansi Sifat al-Haya' dalam Pemantapan Akhlak Generasi Z. Jurnal al-Turath, 2019, 4(1):8-14.

³⁵ Nur Izzah Jainudin & Adawiyah Ismail. Faktor pengetahuan amalan batas aurat dan pergaulan remaja perempuan SMK Titingan Tawau Sabah. Jurnal Hadhari, 2018, 10 (2): 141-158.

³⁶ H. Alimuddin Siregar. Regulasi Hukum Pornografi. Surabaya: Scopindo Media Pustaka, 2019, 100.

³⁷ Al-Qasas: 25.

dealing with men³⁸. They walked to the Prophet Moses politely and kept the honour. The conversation of one of the girls was very brief and clearly, without hesitation and delivers her message in full. This shows a reflection of pure and virtuous nature. Her shyness does not overcome her, because she is assured by her purity and virtue. This shows that even though they deal with men but their shyness becomes a major aspect in their association.

In the context of pornography afflicting adolescents today, those involved using pornography may become uncontrollably sexually aroused. Free mixing among male and female adolescents will only open more opportunities for individuals with porn addiction to acting beyond control or compulsively. Thus, to deal with the problems of rape, fornication, or free sex, limits in the mixing of different genders must be kept to avoid undesirable consequences.

4.2 Lowering the gaze

One of the causes which invite the problem of porn addiction is viewing obscene or porn websites. Adolescents who are individualistic often spend time alone with gadgets or surfing the internet without parental monitoring. Hence, parents need to instil al-Haya' in their young from childhood so that they do not watch pornography scattered in social media. Al-Haya' includes lowering the gaze from looking at forbidden matters. This is because guarding the eyes is important to control sexual desire and lust. Allah SWT commands in the following:

﴿قُلْ لِلْمُؤْمِنِينَ يَغُضُّوا مِنْ أَبْصَارِهِمْ وَيَحْفَظُوا فُرُوجَهُمْ ذَلِكَ أَزْكَى لَهُمْ إِنَّ اللَّهَ خَبِيرٌ بِمَا يَصْنَعُونَ﴾³⁹

“Tell the believing men to lower their gaze and be modest. That is purer for them. Lo! Allah is aware of what they do.”

Lowering their gaze is an act of refining men's manners. It is a practical step to ensure that the first window of temptation is shut. Seeing what is forbidden is the key to most cases of adultery⁴⁰. Seeing these things, after a long time will lead to the emergence of the notion that it is normal. It then creates illusions and illicit desires in the mind and heart which is one of the doors to near adultery.

³⁸ Sayyid Qutb. Tafsir fi Zilal Qur'an. Kota Bharu: Pustaka Aman Press, 2001.

³⁹ Al-Nur: 30.

⁴⁰ Akhbar. Gad Al-Basar (Menahan Pandangan) dalam Perspektif Al-Qur'an (Kajian Tahlili Terhadap Qs Al-Nur/24: 30 Dan 31). Universitas Islam Negeri (Uin) Alauddin Makassar, 2016.

4.3 Taking Care of Behaviour

The formation of adolescent moral character based on Islamic teachings needs to be emphasized as it ensures a more ethical and morally higher personality. It is undeniable that since small, children are taught not to be bashful and to be bold and self-confident in all matters. However, many are unaware that shyness or modesty is the yardstick of ethical values possessed⁴¹.

Al-Haya' is a trait that is necessary for every Muslim, especially in the adolescent generation today. Even though the adolescent character likes to take on challenges and to experiment with new things, it should be done accompanied by al-Haya' so that adolescents will always be cautious and prudent in doing something. This is because the Muslim moral character requires exhibiting an appreciation of iman, aqidah and syariah to be practiced in everyday life⁴². In al-Quran it is stated by Allah SWT that in the person of the Prophet (PBUH) is the best example for mankind to emulate, as follows:

﴿لَقَدْ كَانَ لَكُمْ فِي رَسُولِ اللَّهِ أُسْوَةٌ حَسَنَةٌ لِّمَن كَانَ يَرْجُو اللَّهَ وَالْيَوْمَ الْآخِرَ وَذَكَرَ اللَّهَ كَثِيرًا﴾⁴³

“Verily in the messenger of Allah ye have a good example for him who looketh unto Allah and the Last Day, and remembereth Allah much.”

4.4 Decent Dressing

Generally, humans feel embarrassed if their nakedness is seen by others. As related in al-Quran, Prophet Adam (PBUH) was ashamed when his nakedness was exposed after eating the forbidden fruit. Allah SWT stated in the following meaning:

﴿...فَلَمَّا ذَاقَا الشَّجَرَةَ بَدَتْ لَهُمَا سَوْآتُهُمَا وَطَفِقَا يَخْصِفَانِ عَلَيْهِمَا مِنْ وَرَقِ الْجَنَّةِ...﴾⁴⁴

“...And when they tasted of the tree their shame was manifest to them and they began to hide (by heaping) on themselves some of the leaves of the Garden...”

Therefore, Islam has established the limits for nakedness and dress ethics for men and women to guard their dignity and self-respect⁴⁵. Instilling al-

⁴¹ Zainuddin. Urgensi Penanaman Haya' Pada Anak Di Rumah. Jurnal Reflektika. 2017, 12(2):226-24.

⁴² Abdullah, S. et al. Tafsir Maudhuiy-Ilmu dan Tamadun. Kuala Lumpur: Dewan Bahasa dan Pustaka, 2015.

⁴³ Al-Ahzab: 21.

⁴⁴ Al-A'raf: 22.

Haya' in adolescents will stir a feeling of shyness or shame to display their bodies in public and to marriageable (non-mahram) people⁴⁶. Then they will feel fear and uncomfortable to wear provocative clothes and reveal their bodies without realizing that all their acts and movements are under Allah's observation.

Instilling al-Haya' is an important aspect in educating adolescents to guard themselves against being trapped in the pornography problem. Even though this trait is derived from Islamic teachings, instilling it is not limited to only Muslims but may be applied universally to global society. People who hold on to religion when involved with the pornography problem will feel guilty inside because they realize that their action is opposed to aqidah and religious teachings⁴⁷.

5. CONCLUSION

The pornography problem is more worrying today, especially involving adolescents, and requires a morals rehabilitation approach in order to shape human capital with potential and valuable for national development. Instilling al-Haya' in adolescents is suitable to produce adolescents who guard their self-worth and always do good as well as stay away from getting involved in social problems and acts which incur the wrath of Allah SWT. Therefore, adolescents need education and exposure to al-Haya' as it is a trait which enables shaping of behaviour, restraint in looking and decent dressing even in fact, al-Haya' is also a branch or offshoot of iman. The completion of al-Haya' is by believing that Allah SWT is All-seeing and All-Knowing. Therefore, it is suggested that future research is required on the level of understanding and practice of the al-Haya' concept among adolescents. The reason for this is that a person's behaviour depends on the level of understanding possessed. Even if al-Haya' were instilled in the adolescent self, understanding of it may differ from one individual to another.

⁴⁵ Op.cit, Talib, Majid, Talib, p.12.

⁴⁶ Azhar, S. S. & Sudi, S. Konsep Al-Haya' Menurut Perspektif Sunnah. Proceeding of The International Conference on Contemporary Issues in Al-Quran and Hadith, 2018, 431-440.

⁴⁷ Grubbs, J. B. & Perry, S. L. Moral Incongruence and Pornography Use: A Critical Review and Integration. *Journal of Sex Research*, 2018, 56(1):29-37.

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